26.2 RRC Monthly Newsletter

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26.2 February Newsletter

Dear <<First Name>>

This month's running order...

- Membership Renewals
- Valentine's 10k
- Upcoming Grand Prix Races
- Cross Country

- Club Kit
- Winter Hats
- Green Belt Relay
- Annual Awards Dinner

MEMBERSHIP RENEWALS

Membership renewals are now DUE

26.2 RRC Membership with England Athletics Affiliation = £27
26.2 RRC Membership without England Athletics Affiliation = £15

It's worth remembering that an EA affiliation not only entitles you to £2 off most race entries but is also necessary for you to qualify for the club London Marathon ballot. Additionally, the more EA members we have, the more spots we get from the London Marathon organisers!

Fees can be paid via Bank Transfer (preferably), Paypal via the club website (£1 surcharge) or via cheque given to David Pearce or Kate Hancock.

Bank Transfer to 20-84-17 / 00897302 (add your name as the reference so we can identify you've paid)

All cheques should be made payable to 26.2 RRC

Valentine's 10k - Sunday 14th February

The number of entries is fast approaching 450 and with favourable weather on the day, this year could be one of the busiest we've had for some time. We still urgently need more volunteers to help on the day so if you or a family member could assist on the day, please do email Grant on chairman@26point2.co.uk - he's promised a free drink in the club bar from midday onwards for all those who help on the day!

If you have a preference for which role you would like to assist with, do let Grant know and he will do his best to accommodate where possible.

Upcoming Grand Prix Races

The next GP race is not too far away now - this **Sunday 7th February** is the <u>Bookham 10k</u>.

After that, the remaining GP races of the seasons are;

GP11 <u>Crane parkrun</u> Saturday 27th February
GP12 <u>The Brooks Fleet Half Marathon</u> Sunday 20th March 2016

The final GP, the Fleet Half Marathon, is likely to sell out very, very soon so if you do want to

join the 33 other members already signed up, we suggest you enter ASAP.

Cross Country

The final fixture is on **Saturday 13th February** (Ladies at 11:30am (NOT midday as previously advertised, Men at 2pm).

Both teams have done really well this season. The Men's team need just another solid performance next week to cement a very respectable mid-table finish - which in the first season after promotion is a massive achievement. It's a similar story with the Ladies A & B teams who sit an impressive 11th and 19th position in a 39 team league. Well done to both teams.

ALL members are encouraged to come and represent the club in these fixtures! Cross Country makes for a interesting change to the usual road races and is most certainly not all about speed. The more members that turn out for the club the better! Most races are between four and six miles and are largely off-road on paths, fields and trails. Cross country spikes are not required indeed very few wear them - though trail shoes are recommended. Post race cakes make the day worth it alone and many members will often meet in the afternoon and evening for a drink and a curry afterwards.

If you are interested in taking part, please do let Ann Bath or Moustafa Fawzy know and state your interest to them or to the club via the forum, in person or via Facebook. You can run as many or as few of the fixtures as you like and they are of course free!

We are particularly in need of more members to join the Ladies team - so whether you've never given it a try or would like to return after a break, please do come along!

Club Kit

There is currently an order window open. If you wish to order new kit please do so now. Once the minimum order amount has been reached, members will be notified so further orders can be placed before the window is closed again.

Kit from the previous order should be delivered very shortly!

Our supplier has a new website and updated instructions on the ordering process can be downloaded from our <u>website here</u>.

For any enquiries regarding the kit, please do contact the 26.2 Kit Team using the link at the bottom of this email.

Additionally, new training tops will be available for order in February. More details will be released

Winter Hate

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hats available to purchase for just £5. They can be collected from the club and paid for in cash or via bank transfer.

Green Belt Relay - 21st - 22nd May 2016

The club have again committed to send teams to this exciting, epic and well attended race. Full details can be found on the <u>race website</u> but in short, it's a two day relay race starting in Hampton Court and ending at the Hawker Centre in Ham the following day. Teams of runners run in relay along the length of the course which roughly follows the Green Belt Way, around the outside edges of Greater London. A picture of the course is at the bottom of this email. Runners must commit to run one leg per day (legs vary in length from 6 - 13 miles).

If you would like to participate, please do make yourself known to the Club Captain, Chairman or Membership Secretary via the links at the bottom of this mail. Entry is free as the club subsidise this race for it's members (any required accommodation is not subsidised).

Annual Awards Dinner

The 26.2 RRC Annual Awards Dinner has been confirmed for **Saturday 7th May**, at the Holiday Inn Hotel on the Portsmouth Road in Surbiton. The Committee will send out details in the near future for you to buy your tickets. It's always a great evening and we do hope to see many of you there. Non-running partners are of course welcome too!

Dates For Your Diary...in summary

GP10 Bookham 10k - 7th February
Cross Country Fixture 4 - 13th February
Valentine's 10k - 14th February
GP11 Crane parkrun - 27th February
GP12 Fleet Half Marathon - 20th March
Awards Dinner - 7th May
Green Belt Rely - 21st/22nd May
Cotswold 24 Hour Relay Race - 23rd/24th July

Happy running!!