

26.2 RRC Monthly Newsletter

[View this email in your browser](#)



26.2 September Newsletter

Dear Lawrence

Welcome once again to your club newsletter. Well it appears that summer is well and truly over for us all and puddle running season is back!

Upcoming Grand Prix Races

GP5 will be the 32nd Barns Green Half Marathon on **Sunday 27th September**. Over 1000 runners have already entered so we would urge you to enter asap via the Sports

Systems entry page.

GP6 is of course the first Surrey Cross Country League fixture of the season on **Saturday 10th October**. More details can be found later in the newsletter.

Further GP races have now been confirmed by the GP Organisers

GP7 Nonsuch 10km Sunday 1st November

GP8 The Pirie 10 Mile Sunday 6th December

GP9 Second Sunday 5 Miles Sunday 10th January

GP10 Bookham 10k Sunday February 7th

GP11 Crane parkrun Sunday 27th February

GP12 - a half marathon TBC

Race Reports

GP4 took place on Sunday 9th August. The latest event in our GP series was the Perseverance Wimbledon Dash and also doubled as the club 5k Championship. A full race report can be found on the club website [news page](#). Well done to all 21 runners who took part on a scorching day!

Cross Country

The first cross country fixture of the season, to be held on **Saturday 10th October**, will be at Roundshaw Park and is also the sixth instalment in our GP series. Ladies will start at midday and the men at 3pm.

The remaining fixtures are

7th November (Ladies at midday, Men at 3pm)

16th January (both at 2pm)

13th February (Ladies at midday, Men at 2pm)

ALL members are encouraged to come and represent the club in these fixtures! Cross Country makes for an interesting change to the usual road races and is most certainly not all about speed. The more members that turn out for the club the better! Most races are between four and six miles and are largely off-road on paths, fields and trails. Cross country spikes are not required - indeed very few wear them - though trail shoes are recommended. Post race cakes make the day worth it alone and many members will often meet in the afternoon and evening for a drink and a curry afterwards.

If you are interested in taking part, please do let Ann Bath or Moustafa Fawzy know and state your interest to them or to the club via the forum, in person or via Facebook. You can run as many or as few of the fixtures as you like and they are of course **free!**

New Club Kit

The new club kit is now very close to being available for purchase. The final designs have now been finalised with the kit supplier and the deposit from the club has been paid. Non branded kit samples are being sent by the supplier so members can get a feel for which size will be right for them. The new kit will show off the modernised logo and design whilst staying true to the club's traditions. The new kit is optional and all existing kit will always be valid for representing the club in races and obtaining GP points.

Surbiton junior parkrun

Whilst not an official club event, this month's newsletter probably couldn't pass without mentioning this fantastic new addition to the local running scene. Weekly, free and 2k, junior parkrun is for 4-14 year-olds. The inaugural event was on Sunday 30th August and will be held every Sunday at 9am in Alexandra Recreation Ground in Surbiton. Club member Danny Norman is Event Director, and many of the Run Directors and volunteers are also 26.2 members. Special mention should also go to club member Jacqueline Chang who was instrumental alongside Danny, the local council and the parkrun organisation in getting this event off the ground. For those who would like to bring their children down to the event or of course to volunteer, more information can be found on the Surbiton junior parkrun [website](#).

Happy running!!



A strong 26.2 presence volunteering at the inaugural Surbiton junior parkrun!
Well done to all for supporting this event



A beautiful day for those towing the line at the Perseverance Wimbledon 5k

Please add
news@26point2.co.uk to your
email Contacts and help your
newsletter get past those pesky

If you have any suggestions for future newsletters or any topics you would like to see covered, please do let us know!

spam filters!



Facebook



Twitter



Website



26.2 News



26.2 Captain



26.2 Web Help



26.2 Membership



26.2 Chairman



26.2 Kit

Copyright © 2015 26.2 RRC, All rights reserved.

[unsubscribe from this list](#)

MailChimp